

Information and Support for You and Your Child with Autism...

Autism Outreach Project

Training across the state via video conference, an extensive free lending library, information and resources to families and educators.

<http://www.nwesd.org/autism>

Online Resources

Autism Speaks

Family support including tool kits on challenging behavior, the first 100 days following diagnosis, and transition to adulthood.

<http://www.autismspeaks.org/family-services>

Autism Society

In-depth information from the national Autism Society on a variety of topics related to living with autism.

<http://www.autism-society.org>

Autism Internet Modules

Free online training on evidence-based interventions for children with autism spectrum disorders.

<http://www.autisminternetmodules.org>

Centers for Disease Control and Prevention (CDC)

Autism facts, data, research, and treatment.

<http://www.cdc.gov/autism>

First Signs

Red flags, screening, diagnosis, and information.

<https://www.firstsigns.org>

National Professional Development Center on Autism Spectrum Disorders

Evidence-based practices for children with ASDs.

<http://autismpdc.fpg.unc.edu>

Organization for Autism Research (OAR)

The *Life Journey through Autism Series* includes a guide for transition to adulthood.

<http://www.researchautism.org/resources>

Contact Us



Autism Outreach Project

1601 R Avenue
Anacortes, WA 98221

Phone: 1-888-704-9633

Fax: 360-299-4071

Email: autism@nwesd.org

<http://www.nwesd.org/autism>



Washington State Department of
Early Learning



Northwest Educational
Service District 189

Together We Can

Autism Outreach Project

Autism Resource Guide

For Families
of Children with
Autism Spectrum
Disorders in
Washington State



A State Needs Project through the
Office of the Superintendent of Public
Instruction in collaboration with Early
Support for Infants and Toddlers and the
Northwest Educational Service District 189.

Getting Started

Early Support for Infants and Toddlers (ESIT) Birth-3

Phone: 360-725-3500

Toll-free: 866-482-4325, option 9, option 1

<http://www.del.wa.gov/esit>

Services to children birth to 3 who have disabilities and/or developmental delays.

ESIT Family Health Hotline Toll-free: 1-800-322-2588

School Districts (3 years and older)

Help for children 3 years or older with developmental delays and/or disabilities.

<http://www.k12.wa.us/maps/sdmainmap.aspx>

Division of Developmental Disabilities

Phone: 360-725-3413

Email: ddcoreception@dshs.wa.gov

<http://www.dshs.wa.gov/ddd/contacts.shtml>

Assistance to individuals with developmental disabilities and their families.

Family Support

Parent to Parent State Coordinating Office

Phone: 425-641-7504 or 800-821-5927

Email: statep2p@earthlink.net

http://arcwa.org/getsupport/parent_to_parent_p2p_programs

Regional coordinators connect parents who have a child with special needs with other parents whose children have a similar condition.

Washington State Father's Network

Phone: 425-653-4286

<http://www.FathersNetwork.org>

Support, information, and resources for fathers and families of children with special needs.

PAVE (Partnerships for Action, Voices for Empowerment)

Phone: 253-565-2266 or 1-800-5-PARENT

Email: pave@wapave.org

<http://www.wapave.org>

Parent organization providing support and information.

Washington State

Autism Society of Washington

Phone: 360-515-8910 Toll-free: 1-888-ASW-4-YOU

<http://www.autismsocietyofwa.org>

ARC of Washington

Phone: 1-888-754-8798 <http://www.arcwa.org>

Department of Health (DOH)

Listing of facilities throughout the state providing evaluation, treatment, and support for children with autism.

<http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Autism/ServiceProviders.aspx>

Families for Effective Autism Treatment (FEAT)

Phone: 425-223-5126 Email: admin@featwa.org

<http://www.featwa.org>

Mary Bridge Children's Hospital, Tacoma

Phone: 253-403-4437

<http://www.multicare.org/marybridge>

Northwest Autism Center, Spokane

Phone: 509-328-1582 Email: info@nwautism.org

<http://www.nwautism.org>

Seattle Children's Autism Center

Phone: 206-987-8080

Parent Training Series

<http://www.seattlechildrens.org/clinics-programs/autism-center>

University of Washington Autism Center

Toll-free: 1-877-408-UWAC

<http://depts.washington.edu/uwautism>

University of Washington CARE Clinic

Phone: 206-897-1603

<http://www.haringcenter.washington.edu/care>

University of Washington Child Development Clinic

Phone: 206-598-9346

http://depts.washington.edu/chdd/ucedd/ctu_5/child_devclinic_5.html

Autism Publications

The Educational Aspects of Autism Spectrum Disorders

A publication designed to assist in the education of students with autism spectrum disorders.

<http://www.k12.wa.us/SpecialEd/pubdocs/Autism%20Manual.pdf>

Autism Guidebook for Washington State

Information on autism - birth through the lifespan - for all those working with and caring for children and adults with autism spectrum disorders.

<http://here.doh.wa.gov/materials/autism-guidebook>

Special Education

Office of Superintendent of Public Instruction (OSPI) Special Education Ombudsman

Provides support to families concerning laws, rules, and regulations. Phone: 360-725-6075

<http://www.k12.wa.us/SpecialEd/Families/ombudsman.aspx>

Guidance for Families about Special Education Services

Online information and resources on various special education topics.

<http://www.k12.wa.us/SpecialEd/Families>

Office of the Education Ombudsman

Resolves complaints and problems between families and schools. 866-297-2597

<http://www.governor.wa.gov/oeo/>

Transition to Adulthood

Center for Change in Transition Services

Training and support to improve post-secondary outcomes for students with disabilities.

Phone: 206-296-6494 Email: ccts@seattleu.edu

<http://www.seattleu.edu/ccts>

Division of Vocational Rehabilitation (DVR)

Employment services and counseling.

Phone: 1-800-637-5627

<http://www.dshs.wa.gov/dvr>

This is a starting-point for families but is not intended to be a complete listing of organizations and resources available. Inclusion does not constitute endorsement. Updated 03/2013.

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